

# NATURE'S NEWS



THE PRESERVE AT WILDERNESS LAKE

JANUARY 2025

**New Years  
Fitness Program**

**Recipe of the  
Month!**

**Calendar of  
Events**

**Event Photos**

Printed Copies Available at the Lodge.

Photo Credit: Bill Dennen

# Table of Contents



**03**

**New Years  
Fitness Programs**

—

**04**

**Recipe of the  
Month**

—

**05-07**

**Event Fliers**

—

**08-09**

**Spa Services**

—

**10**

**Calendar of  
Events**

—

**11**

**Water Saving  
Tips**

—

**12**

**Tennis and  
Pickleball  
Programs**

—

**13-14**

**Classes and  
Clubs**

—

**15**

**Kids' Activities/  
Storytime**

—

**16**

**The Beauty of  
Wilderness**

—

**17-23**

**Event Photos**

—

**24**

**Save the Date**

—

**25-26**

**Contact Us and CDD  
Announcements**

—



# New Year, New You!

This new year, don't get tied up in a gym membership! The Lodge is your destination for all things fitness and wellness. Whether you're looking to get active, relax, or try something new, we've got you covered. Not only is our fitness center open 7 days a week, from 5 AM to 11 PM, we offer a variety of exciting programs to make this year your healthiest yet!



**Yoga**



**Water Aerobics**



**Tuesdays & Thursdays 8:40AM & 9:55AM**  
**Contact LuAnn at: 813-846-0874**  
**Email: [imgagain@yahoo.com](mailto:imgagain@yahoo.com) (COST: \$5)**

**Monday - Friday 9AM - 10AM**



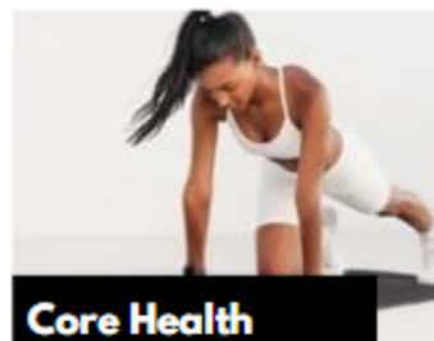
**Walking**

**Walking, Strength & Toning**  
**Monday, Wednesday, Friday**  
**9:30AM - 10:45AM**



**Pickleball Rocks**

**Tuesday & Thursday 6:30PM**  
**Contact Susan at: 602-315-0757**



**Core Health**

**Saturday 10AM - 11/9 & 11/23**  
**Tuesday 6PM - 11/5, 11/12, 11/26**  
**Location: Activities Center**



No memberships required—just come as you are and enjoy our activities at your own pace!





# Snickers Apple Salad

## Ingredients

- 3.4 ounces instant vanilla pudding mix
- $\frac{3}{4}$  cup whole milk
- 8 ounces Cool Whip or one cup of heavy whipping cream, beat to stiff peaks
- 6 Granny Smith apples divided, reserve one for garnish
- 6 Snickers bars full-size bars, divided, reserve one for garnish
- $\frac{1}{4}$  cup caramel sauce optional

## How To Make Snickers Salad

This Snicker Apple Salad is as easy as it gets! It's a matter of making up the pudding and chopping the apples and Snickers. Let's take a quick look:

- Make pudding mixture. In a large bowl, whisk together the vanilla pudding and milk and smooth and creamy. Fold in the whipped topping (Cool Whip) or whipped cream.
- Prep apples and Snickers. Core and chop all but one of the apples. Toss with lemon juice or 7-Up if making this salad in advance. Pat dry. Chop all but one Snickers into bite sized pieces.
- Add remaining ingredients. Fold in the chopped apples and Snickers. Cover and refrigerate until ready to serve.
- Enjoy! Top with remaining apple and Snickers and drizzle with caramel sauce if desired.



# WHAT'S HAPPENING

Join us for an afternoon

**PRIZES!**

## SNOWBALL EXTRAVAGANZA

**REFRESHMENTS!**

**\*\*FLORIDA STYLE\*\***

**FRIDAY,  
JANUARY 3RD  
4PM**

**SNOWBALL TIC-TAC-TOE**

**MINI SNOWBALL RACE**

**SNOWBALL CHARACTER SMASH**

**SNOWBALL TOSS**

**RSVP @ (813) 995-2437**



Please join us for a

## HOT CHOCOLATE PJ PARTY!

**JANUARY 4TH  
AT 6:00 PM**

Slip into your favorite pajamas and join us by the Lodge's crackling fire pit for a night of fun, relaxation, and great vibes. Enjoy delicious hot chocolate, tasty s'mores, and live music as you unwind with friends. Whether you're snuggling up in your coziest PJs or dancing to the music, it's the perfect way to spend a winter evening!

Please RSVP at the lodge or by calling (813) 995-2437 for planning purposes.

**Sponsored by Morrison's Services**

Specializing in pressure washing, paver sealing, and screen repair.

 [LandmarkLLC.info](mailto:LandmarkLLC.info)

 (813) 666-7868



## National Law Enforcement Appreciation Day!

Please join us for coffee and pastries. Compliments of Wilderness Lake Preserve as a token of gratitude for our local law enforcement officers.

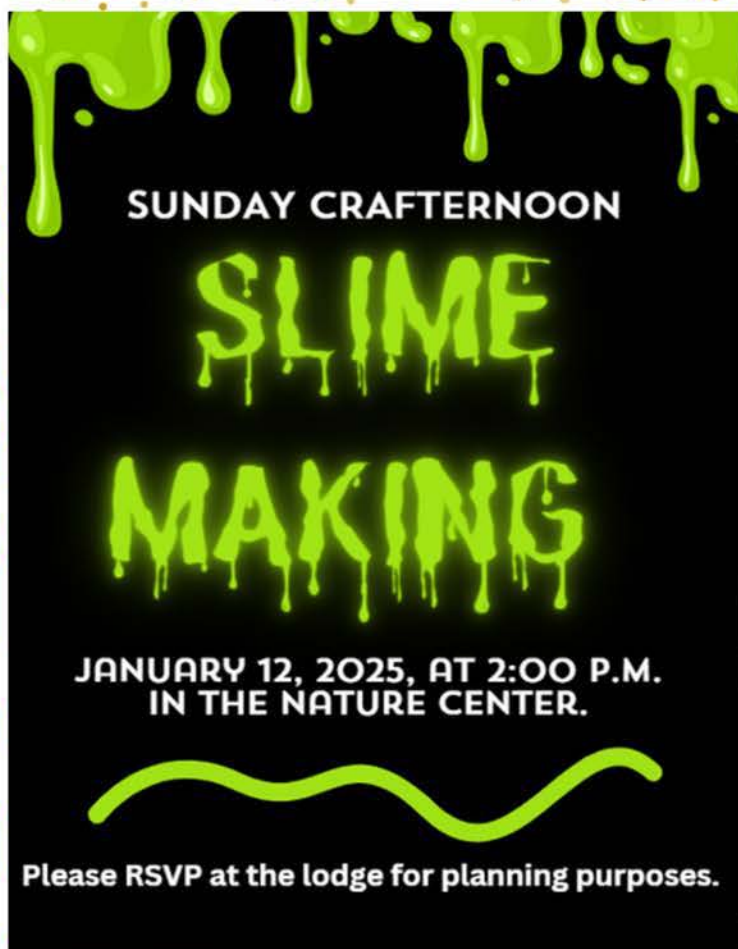


**Date: January 9th**  
**Time: 9:00 a.m. - 3:00 p.m.**  
**Location: Wilderness Lake Preserve Lodge**

**Thank you for your service to our community!**







**SUNDAY CRAFTERNOON**

## SLIME MAKING

**JANUARY 12, 2025, AT 2:00 P.M.  
IN THE NATURE CENTER.**

Please RSVP at the lodge for planning purposes.

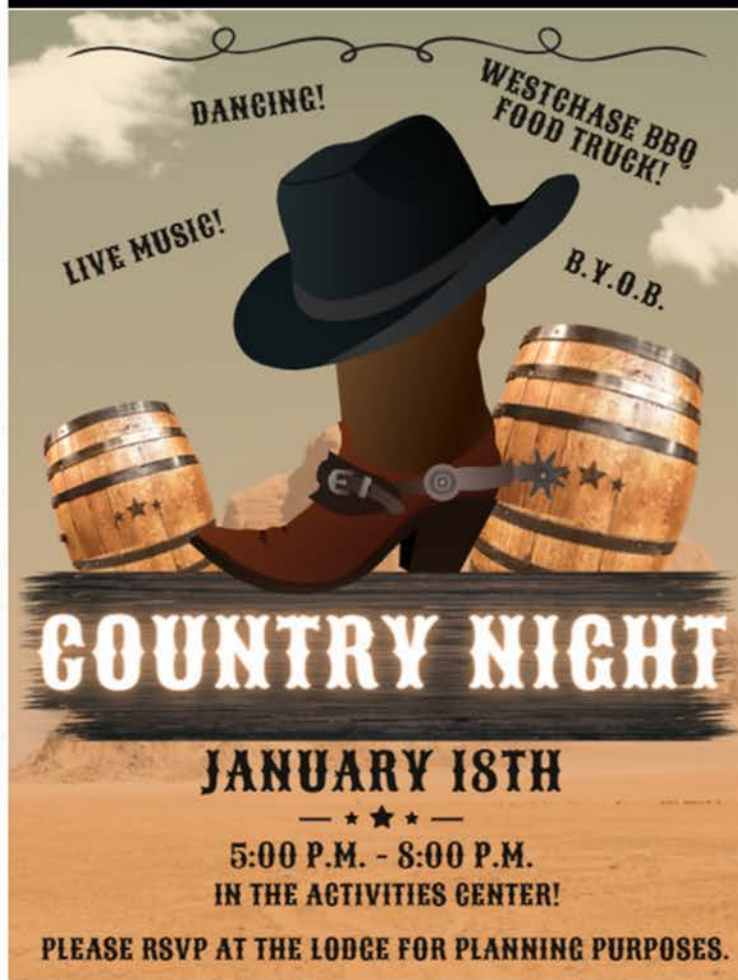


Come and join us for  
**WINE TASTING**  
by Time for Wine

Join us for an elegant evening of wine tasting, where you'll explore a curated selection of fine wines paired with light bites. Whether you're a seasoned connoisseur or just looking for a fun night out, this event promises to tantalize your taste buds and elevate your wine knowledge.

**DATE:** January 17, 2025  
**TIME:** 7:00 pm  
**VENUE:** Activities Center

Please RSVP @ the Lodge or call (813) 995-2437 for planning purposes.



DANCING!  
LIVE MUSIC!  
WESTCHASE BBQ FOOD TRUCK!  
B.Y.O.B.

## COUNTRY NIGHT

**JANUARY 18TH**  
— ★ ★ ★ —  
**5:00 P.M. - 8:00 P.M.**  
**IN THE ACTIVITIES CENTER!**

PLEASE RSVP AT THE LODGE FOR PLANNING PURPOSES.



## NATIONAL POP CORN DAY!

Get ready for a popping good time! Join us on National Popcorn Day for a tasty treat—FREE bags of buttery, delicious popcorn at the Lodge! It's the perfect snack to enjoy as you relax and mingle with friends. Whether you're here for the crunch or just love the buttery goodness, we've got you covered!

**Date:** January 19, 2025  
**Time:** 2-5 PM

Come for the popcorn, stay for the fun! See you there!



## PICKLEBALL Tournament!

January 19th at 11:00 a.m.

Beginners and Advanced Divisions

Sponsored by:

NOURISH'D  
FOOD TO FEED YOUR SOUL

Please RSVP at the  
Lodge  
(813)993-2437

Please include Team  
name and all  
member's names to be  
included on the roster.

## Ladies' Night

### B.Y.O.B.

Bring Your Own Board to Share!



### Charcuterie Party

Get creative and craft your own charcuterie board to share and savor with friends. Come indulge in an evening of delicious flavors and great company—we can't wait to see what you'll bring.



Date: January 24th, 2025

Time: 6:00 P.M.

Location: Activities Center

## CHILDREN'S GASPARILLA CELEBRATION

Are you up for the challenge?  
Wear your best pirates' outfit  
and join us in the Activities  
Center for games, pirate's  
booty, and an ultimate pirate  
takeover!

DATE: JANUARY 25, 2025

TIME: 12:00 P.M.

LOCATION: ACTIVITIES CENTER

SEE YOU THERE!

Please RSVP at the lodge for  
planning purposes.

## NATIONAL Hot Chocolate DAY!



Join us for a cozy celebration of National Hot Chocolate Day!  
We're serving up FREE hot chocolate with all the fixings - from  
creamy marshmallows to decadent whipped cream and a hot  
fire to keep you warm!

Date: Friday, January 31st, 2025

Time: 5:00 p.m. - 7:00 p.m.

Location: Wilderness Lake Preserve Lodge



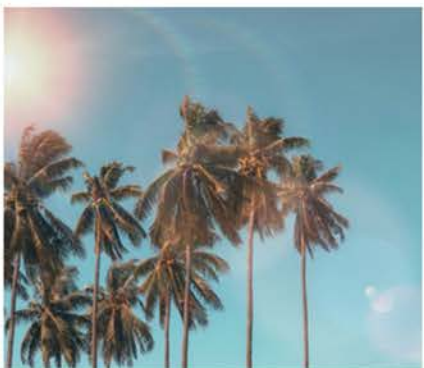
# SPA SERVICES



## BASIC MANICURE

Nails will be shaped, cleansed and pampered. You will receive a hand and arm massage and finished with your choice of polish.

**\$15**



## ISLAND GETAWAY

Enjoy tropical fragrances as you are pampered! After nails are shaped and cleansed, you will receive an invigorating anti-aging hand exfoliation that is completed with a hot towel wrap. A soothing arm and hand massage will relax you and will be finished with polish of your choice.

**\$20**



## BASIC PEDICURE

Shaping of nails and exfoliation begin this pedicure followed with thorough cleansing of feet, a relaxing massage and polish. Aromatherapy will heighten the senses leaving you feeling refreshed and beautiful!

**\$28**



## MILK AND HONEY PEDICURE

After your feet are soaked and cleansed, you will lose yourself in the experience of a mud mask for the feet and long massage for total relaxation.

**\$35**

HOURS MONDAY - FRIDAY APPOINTMENT ONLY  
PLEASE CALL THE LODGE FOR MORE INFORMATION



# SPA SERVICES AT WILDERNESS LAKE

## SPA SERVICES

### NO POLISH PEDICURE

Using a blend of Peppermint and Pine Oils, feet will be soaked, toenails filed and feet exfoliated. A long massage will complete the experience.

**\$28**

### MINI MANI PEDI COMBO

This package is an abbreviated combination of the traditional manicure and pedicure. Fingernails will be shaped, buffed and polished. Feet will be soaked, toenails shaped and buffed and a light massage will be given. Polish will be applied.

**\$30**

### PRINCESS PAMPERING

This is a combination mani-pedi specifically designed for the young ladies! Nails will be shaped and cleansed and polish will be applied to hands and feet. (Ages 14 and under)

**\$22**

### CND SHELLAC MANICURE

14-day wear polish with ZERO dry time which is finished with a hand and arm massage.

**\$28**



### ADD ON SERVICES


Buff and Polish Change \$8  
Add a French manicure \$3  
Nail Repair \$2  
Rhinestones and decals (per nail) \$2

HOURS MONDAY - FRIDAY APPOINTMENT ONLY  
PLEASE CALL THE LODGE FOR MORE INFORMATION



# January 2025

Happy New Year

| SUN   | MON  | TUE | WED  | THU  | FRI   | SAT  |
|---|--|-----|--|--|---|--|
|   |  |     | <br>1<br>Lodge Closed | 2<br>Lodge Opens<br>at 12PM                    | 3<br>Snowball<br>Extravaganza<br>4PM              | 4<br>Hot<br>Chocolate<br>PJ Party<br>6 PM              |
| 5   | 6<br>Storytime<br>10AM   | 7   | 8 CDD<br>Meeting<br>9:30 AM<br>Food Trucks<br>5PM  | 9<br>Law<br>Enforcement<br>Appreciation<br>Day | 10  | 11   |
| 12<br>Sunday<br>Crafternoon<br>2 PM                                 | 13<br>Storytime<br>10AM<br>ARC<br>Meeting<br>6:30 PM           | 14  | 15<br>Food Trucks<br>5PM   | 16   | 17<br>Wine Tasting<br>by Time for<br>Wine<br>7 PM | 18<br>Country<br>Night<br>5-8 PM                       |
| 19<br>National<br>Popcorn Day!<br>Pickleball<br>Tournament<br>11 AM | 20<br>Storytime<br>10AM  | 21  | 22<br>Food Trucks<br>5PM   | 23   | 24<br>Ladies'<br>Night<br>6-8 PM                  | 25<br>Children's<br>Gasparilla<br>Celebration<br>12 PM |
| 26  | 27<br>Storytime<br>10AM<br>ARC<br>Meeting<br>6:30 PM<br>(ZOOM) | 28  | 29<br>Food Trucks<br>5PM   | 30   | 31<br>National<br>Hot<br>Chocolate<br>Day!        |  |



# Water 101 FOR HOMEOWNERS



The choices you make, from the plants in your yard to what toilet you install, can make a big difference in your overall water use. And, everything we do on land can affect the health of our water resources. It's important to consider water savings and protection to understand your personal impact. The resources below will help you and your neighbors learn more about all things water!

## Check for Leaks Using Your Water Meter



Turn off all faucets and water-using appliances during testing period



Check your meter again. If the reading has changed, you have a leak.



Record the current reading on your water meter. Wait 30 minutes.



Consult a professional to fix the leak as soon as possible.

### Irrigation Tips and Water Restrictions

Lawn irrigation in the Southwest Florida Water Management District is restricted to twice a week, however, some local cities and counties have special schedules, or stricter one-day-per-week measures in place. Understanding how and when to adjust your irrigation system to meet current or seasonal weather variations is important, and usually simple to do.

### Protecting Water Resources

Protecting our shared water resources is everyone's responsibility. The fertilizers and pesticides homeowners use can find their way into our water systems through runoff and seepage into the aquifer. However, there are ways to reduce our use of these products and minimize negative impacts.

Credit: Southwest Florida Water Management District





**Classes begin 2nd  
week of September**

**Tuesdays 9:30-11:30am  
Monday and Wednesday  
5:00-8:00pm**

# TENNIS/PICKLEBALL PROGRAMS



## LORI MILES

30 years teaching experience  
USPTA Certified Professional  
USTA/ITA Official Certified  
YouthFitness Instructor



## AHMED "MADO" AREF

USPTA Professional  
10+ years teaching experience  
PTA Certified Canada  
GPTCA Level C Professional



## JOVANA ANTONIJEVIC

Former WTA Tour Player  
NCAA All-American  
USPTR Certified Professional

## PETER CHOW

*Director of Racquet Sports*

Offering Adult and Junior Programs for all ages.  
Including group classes and private lessons.

Peter brings more than 30 years of teaching experience  
to the community.

He is currently the Director of Racquet Sports at:  
Long Lake Ranch, Cordoba Estates, K-BAR Ranch, Arbor  
Greene and Wilderness Lake.



USPTA Elite Tennis Professional  
Adidas National Team  
HEAD Advisory Staff Member

**CALL TODAY:**

**813-451-3150**

CHOWCHINO7@AOL.COM

NATURE'S NEWS - JANUARY 2025





CHECK OUT THESE RESIDENT & VENDOR  
CLASSES AND CLUBS AT WILDERNESS

# CLASSES & CLUBS



## Ladies' Bible Study

**Wednesdays 10AM**

**Contact Shuyan at: 970-978-7568**

**Contact Janice at: 727-776-5723**



## Yoga

**Tuesdays & Thursdays 8:40AM & 9:55AM**

**Contact LuAnn at: 813-846-0874**

**Email: [imgagain@yahoo.com](mailto:imgagain@yahoo.com) (COST: \$5)**



## Water Aerobics

**Monday - Friday 9AM - 10AM**



## Walking

**Walking, Strength & Toning**

**Monday, Wednesday, Friday**

**9:30AM - 10:45AM**



## Pickleball Rocks

**Tuesday & Thursday 6:30PM**

**Contact Susan at: 602-315-0757**



## Chat'hers Club

**Ladies' Social Club - This year the  
Chat'hers are sponsoring Hospice.**



CHECK OUT THESE RESIDENT & VENDOR  
CLASSES AND CLUBS AT WILDERNESS

# CLASSES & CLUBS



## Rummikub

Thursday 1PM

Location: Activities Center



## Mahjong

Monday 1PM

Location: Activities Center



## Photography Club

Every 1st Wednesday of the month

Location: Theater @ 6PM



## Core Health

Saturday 10AM - 11/9 & 11/23

Tuesday 6PM - 11/5, 11/12, 11/26

Location: Activities Center



Interested in starting a club?  
Contact the Lodge today at  
(813) 995-2437  
or email us at [events@wlplodge.com](mailto:events@wlplodge.com).





# Story TIME







# THE BEAUTY OF WILDERNESS



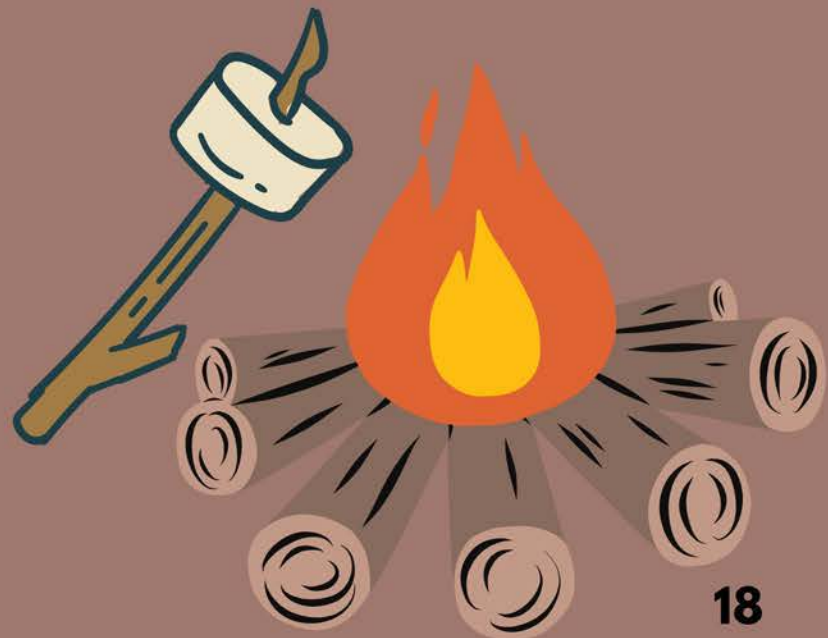


# Turkey Trot





# S'MORES







# SANTA'S ARRIVAL







# Breakfast With Santa





# Gingerbread House Decorating Workshop

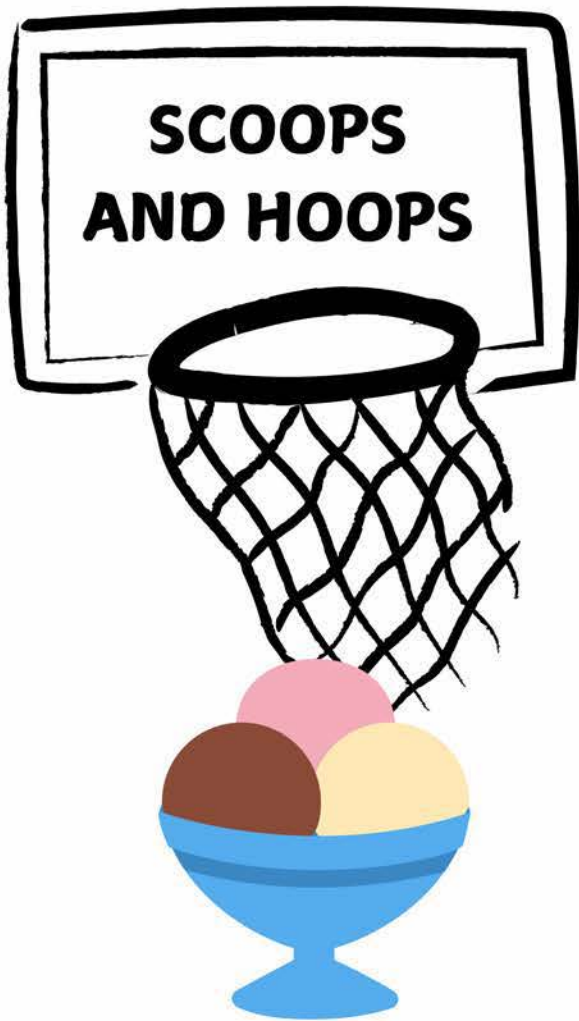




# Holiday Craft Workshop & COOKIE EXCHANGE









# SAVE THE DATE



## FAMILY FIELD DAY!

JOIN US FOR AN ACTION-PACKED DAY!  
ENJOY TEAM SPORTS AND INDIVIDUAL  
CHALLENGES. DON'T MISS THE FUN!

**SATURDAY 8TH FEBRUARY**

**1:00 PM**

**AT THE OAKHURST/WOODSMERE SOCCER FIELDS**

### ACTIVITIES INCLUDE:

- SOCCER GAMES & CHALLENGES
- FOOTBALL GAMES & CHALLENGES
- KICKBALL
- CORNHOLE
- AND MORE!

**PLEASE RSVP AT THE LODGE FOR PLANNING  
PURPOSES.**



## Valentine's Day DINNER

Celebrate Valentine's Day with an unforgettable evening at the Lodge, featuring live music to set the perfect mood, wines available for purchase by Time for Wine, decadent desserts to sweeten your night, and beautiful flowers to share with your loved one.

### TICKET PRICE

**\$5 EACH**

### TICKET INCLUDES:

- Romantic Setting
- Italian Dinner & Dessert
- Water and/or Lemonade
- Live Music
- A Carnation

**FEBRUARY 15TH AT 6:00 P.M.**

**HURRY! SEATING IS LIMITED AND PAYMENT IS REQUIRED TO RESERVE YOUR SPOT.**

\*Adults only. This event is not B.Y.O.B. Alcohol available for purchase.  
For more information, please call the Lodge at (813) 995-2437 or email  
events@wplodge.com





GET IN TOUCH WITH US

# CONTACTS

## **WILDERNESS LODGE**

21320 WILDERNESS LAKE BLVD.

LAND O' LAKES, FL 34637

**813-995-2437**

## **BOARD OF SUPERVISORS**

**HOLLY RUHLIG, CHAIR**

**HEATHER HEPNER, VICE CHAIR**

**BETH EDWARDS, SECRETARY**

**JOHN STAPLES, SECRETARY**

**AGNIESZKA FISHER, SECRETARY**

[SUPERVISORWLP4@GMAIL.COM](mailto:SUPERVISORWLP4@GMAIL.COM)

[SUPERIVISORWLP5@GMAIL.COM](mailto:SUPERIVISORWLP5@GMAIL.COM)

[SUPERIVISORWLP2@GMAIL.COM](mailto:SUPERIVISORWLP2@GMAIL.COM)

[SUPERIVISORWLP3@GMAIL.COM](mailto:SUPERIVISORWLP3@GMAIL.COM)

[SUPERIVISORWLP1@GMAIL.COM](mailto:SUPERIVISORWLP1@GMAIL.COM)

## **DISTRICT STAFF**

**TISH DOBSON**

LODGE & DISTRICT MANAGER

**TERRI OAKLEY**

ASSISTANT MANAGER

**STEVEN APPROBATO**

LIFESTYLE COORDINATOR

[MANAGER@WLPLODGE.COM](mailto:MANAGER@WLPLODGE.COM)

[TOAKLEY@WLPLODGE.COM](mailto:TOAKLEY@WLPLODGE.COM)

[EVENTS@WLPLODGE.COM](mailto:EVENTS@WLPLODGE.COM)

## **LODGE HOURS OF OPERATION:**

SUNDAY: NOON - 9:00 PM

MONDAY - FRIDAY: 9:00 AM - 9:00 PM

SATURDAY: 10:00 AM - 10:00 PM

## **GARBAGE PICKUP - WASTE CONNECTIONS**

**727-847-9100**

## **RECYCLING:**

WEDNESDAYS

## **FITNESS CENTER HOURS OF OPERATION**

OPEN 365 DAYS WITH ACCESS CARD

5:00 AM - 11:00 PM

## **EVENT BOOKING & SPACE RENTALS**

CALL THE LODGE

## **NAIL TECHNICIAN:**

SERVICES AVAILABLE MONDAY - FRIDAY BY APPOINTMENT ONLY



# MEETING HIGHLIGHTS

The regular meeting of the Board of Supervisors of the Preserve at Wilderness Lake Community Development District was held at 9:30 AM on Wednesday, December 4, 2024. The official minutes will be posted on the District's website once they are approved by the CDD Board of Supervisors during the next scheduled meeting.

## Supervisor Comments

- Turkey Trot accolades.

## Aquatics Report

- Discussion ensued on the release of the Grass Carp.

## Landscaping Report

Updated the board on the following:

- Hurricane tree work.
- Trimming of the Palm trees.
- Annual rotation installation.
- The replacement of the front entrance vegetation and turf.

## District Counsel

- Routine business.

## District Engineer

Discussion ensued on the following:

- The repairs on the sewer lines.
- The functionality of the lift stations during extended periods of power outages.

## Community & District Manager

- Discussion ensued regarding the Nature Center HVAC system.



**NEXT CDD MEETING:  
January 8th, 9:30AM**

